



Lumina Counseling Associates PLLC

CLIENT REGISTRATION FORM

FILE NO. _____

CLIENT _____ DATE _____

ADDRESS _____

CELL _____ HM _____ WK _____

EMAIL _____

AGE _____ DOB _____ OCCUPATION _____

SCHOOL _____

IF CLIENT IS A MINOR, PARENT NAMES _____

MOTHER CELL _____ FATHER CELL _____

MOTHER EMAIL _____

FATHER EMAIL _____

SPOUSE NAME/PHONE _____

EMERGENCY CONTACT NAME _____

PHONE _____

INSURANCE INFORMATION

RESPONSIBLE PARTY _____ DOB _____

EMPLOYER _____

INSURANCE COMPANY _____

INSURANCE ID# _____

CLIENT SIGNATURE _____ DATE _____

RESPONSIBLE PARTY FOR MINOR _____ RELATIONSHIP _____



Lumina Counseling Associates PLLC

INTAKE INFORMATION

PG 1 OF 2

FILE NO. _____

CLIENT _____

DOB _____

WHAT WOULD YOU LIKE TO DISCUSS AT THE INTAKE APPOINTMENT? _____

ARE YOU CURRENTLY BEING SEEN BY ANY OTHER MENTAL HEALTH PROFESSIONAL? _____

NAME/PHONE NUMBER: _____

HAVE YOU SEEN A MENTAL HEALTH PROFESSIONAL IN THE PAST? PLEASE LIST YEAR AND FOR WHAT REASON. _____

DO YOU CURRENTLY TAKE PSYCHIATRIC MEDICATION? _____

PRESCRIBING PHYSICIAN NAME/PHONE NUMBER: _____

MEDICATION/DOSAGE: _____

HAVE YOU EVER RECEIVED A MENTAL HEALTH DIAGNOSIS? IF YES, PLEASE EXPLAIN. _____

HAVE YOU EVER BEEN HOSPITALIZED FOR A MENTAL HEALTH CONCERN? IF YES, PLEASE EXPLAIN. _____

HAVE YOU EVER EXPERIENCED SUICIDAL THOUGHTS PAST OR PRESENT? IF YES, PLEASE EXPLAIN. _____

WHAT ARE YOUR GOALS FOR THERAPY? _____



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INTAKE INFORMATION

PG 2 OF 2

FILE NO. _____

CLIENT _____

DOB _____

SYMPTOM CHECKLIST: PLEASE CHECK ALL THAT APPLY PAST OR PRESENT.

- ACADEMIC CONCERNS
- ADD/ADHD
- AGGRESSION/ANGER
- ANXIETY
- BLAMING/CRITICIZING SELF
- BLENDED FAMILY
- CAREER STRESS
- COMMUNICATION ISSUES
- DIVORCE
- FAMILY STRESS
- HALLUCINATIONS
- HEADACHES
- INFIDELITY
- IRRITABILITY
- ISOLATING BEHAVIORS
- JUDGMENT ERRORS
- LACK OF INTEREST
- LEARNING DISABILITY
- LOSS
- MEMORY IMPAIRMENT
- MENSTRUAL RELATED CONCERNS
- NEUROLOGICAL CONCERNS
- PANIC ATTACKS
- PHOBIAS/FEARS
- POOR SELF ESTEEM
- RELATIONSHIP CHALLENGES
- SADNESS/DEPRESSION
- SEIZURES
- SEXUAL/SEXUALITY RELATED CONCERNS
- SLEEP ISSUES
- SOCIAL AWKWARDNESS/ANXIETY
- STOMACH ACHES
- SUBSTANCE USE CONCERNS
- SUICIDAL THOUGHTS
- TICS
- TRAUMA

DO YOU EXERCISE? _____ FREQUENCY? _____

RECENT CHANGES IN APPETITE OR SLEEP? _____ PLEASE EXPLAIN. _____

DO YOU ENGAGE IN OR HAVE A HISTORY OF SELF HARMING BEHAVIORS? _____

PLEASE EXPLAIN. _____

PLEASE LIST ALL PHYSICAL HEALTH CONDITIONS: _____

PLEASE DETAIL ANY FAMILY HISTORY OF MENTAL HEALTH CONCERNS: _____



Lumina Counseling Associates PLLC

Authorization for Release of Information

Client Information:

File No. _____

Name of Client: _____ DOB _____

Responsible Party (if different from above): _____

Lumina Counseling Associates PLLC is authorized to release protected health information pertaining to the above named patient to the entities below.

Entity to Receive Information. (Circle ALL you authorize)

Client Only

Spouse

Parents

Emergency Contact

Provide information to the following additional persons (ie health care physicians, mental health providers):

Name _____ Relationship _____

Name _____ Relationship _____

Description of information to be released.

- Appointment Information (appointment history, next scheduled appointment, scheduling changes)
- Insurance/Financial Information (payment/billing information, receipts)
- Treatment Related Information

Communication Methods. (Circle ALL you authorize)

Email

Voicemail Messages

Text Messages

Rights of the Client

I understand that I have the right to revoke this authorization at any time by sending written verification. I understand that a revocation is not effective in case where the information has already been disclosed but will be effective going forward. I understand that information used or disclosed as a result of this authorization may be subject to redisclosure by the recipient and may no longer be protected by federal or state law.

I understand that I have the right to inspect or copy the protected health information to be used or disclosed as described in this document. I can do this by written notification to: Lumina Counseling Assoc, 610 W. Peace St. Raleigh, NC 27605.

I understand that text and email communications are not guaranteed to be secure and could result in a breach of confidentiality of my protected health information. Lumina Counseling is not responsible for information breaches attributed to these client authorized methods of communication.

I understand that my treatment will not be conditioned on signing this authorization.

I understand that I have the right to refuse to sign this authorization.

Signature: _____ **Date:** _____

